**Breastfeeding Training for Doulas**

**Charities:**

**ABM:**

3 options:

Supporting the Breastfeeding Mother and Baby: Foundation Level No need to have breastfed Join ABM and keep membership for the duration of the time you use this qualification in your practice, equivalent to peer supporter level Cost: £175

Supporting the Breastfeeding Mother and Baby: Advanced Level No need to have breastfed offer breastfeeding support and advertise your qualification as long as you remain an ABM member, equivalent to BFC although you won’t receive this title officially, no need to support on helpline Cost: £725

Breastfeeding Counsellor Course: Breastfed for at least 6 months Volunteer on helpline for 2 years and optionally with an in person support group Cost: £125

**BFN:**

Enquire with them to see if they have any local peer support training in your area (check website for list), funded by the NHS.

2 Levels: Helper (peer supporter level) and Supporter (equivalent to BFC level) Breastfed for at least 6 months Volunteer in local groups and on helpline for 2 years Check they are happy you are a doula to avoid conflict of interest (previously they were not allowing this) Cost: Free

**La Leche League**

LLL Leader Breastfed for at least 12 months (although some exceptions are made) and complementary foods introduced around 6 months Volunteer in local groups Cost: Free

**Private Training:**

**Younique Postnatal Intuitive Breast and Bodyfeeding**

Lactation/Breastfeeding Support Doula No need to have breastfed Online modules and resources, 5 days of interactive group Zoom sessions and 1 Face to Face Day with mother and baby, practical activities over 6 weeks 3 case studies to submit

Skills to be used within doula practice and not as stand alone breastfeeding support, the accreditation is above peer supporter level with a focus on functional, emotional, psycho-social, physical comfort, practical support and creating referral pathways Cost £450 + £150 for case studies

**Milkademy**

3 options: Essentials, Intermediate, Advanced Variety of skills learned depending on the level of course undertaken, different qualifications required dependent on the level of course taken, Essentials course is a Peer Supporter level course

Costs: unknown

**Dee Bell, Birth, Baby and You:**

Infant Feeding Coach No need to have breastfed

12 week online course with: pre-recorded material with 2 interactive group sessions

Costs: £697-834

**Mindful Breastfeeding School:**

Mindful Breastfeeding Supporter No need to have breastfed

12 week online course with: video classes, presentations, resources and 2 interactive sessions

Costs: £847-£2187

**Lactation Consultant Modules** (95 hours of lactation education for IBCLC exam – life science modules will need to be completed by a different education provider):

**Breastfeeding London**

12 day course spread over a year, with monthly sessions Cost: £1050-£1455

**Breastfeeding Specialist**

12 day course spread over a year, with monthly sessions Cost: unknown

**Breaking Breastfeeding Barriers**

Breastfeeding Culture Safety For breastfeeding Practitioners who want to better support black and brown parents, work on anti-racism and cultural safety in breastfeeding

Online to be completed within 6 months with pre-course work Cost: £300

**Tongue Tie Awareness Hub – Carmelle Gentle**

I am aware she has a 6 week intro course for doulas. She offers a more advanced course at around the £2000 mark for breastfeeding practitioners which is very indepth around tongue tie support and assessment (12 week course called Certified Tongue Tie Assessor Programme).