

The Doula

A DOULA UK PUBLICATION



Spring 2019

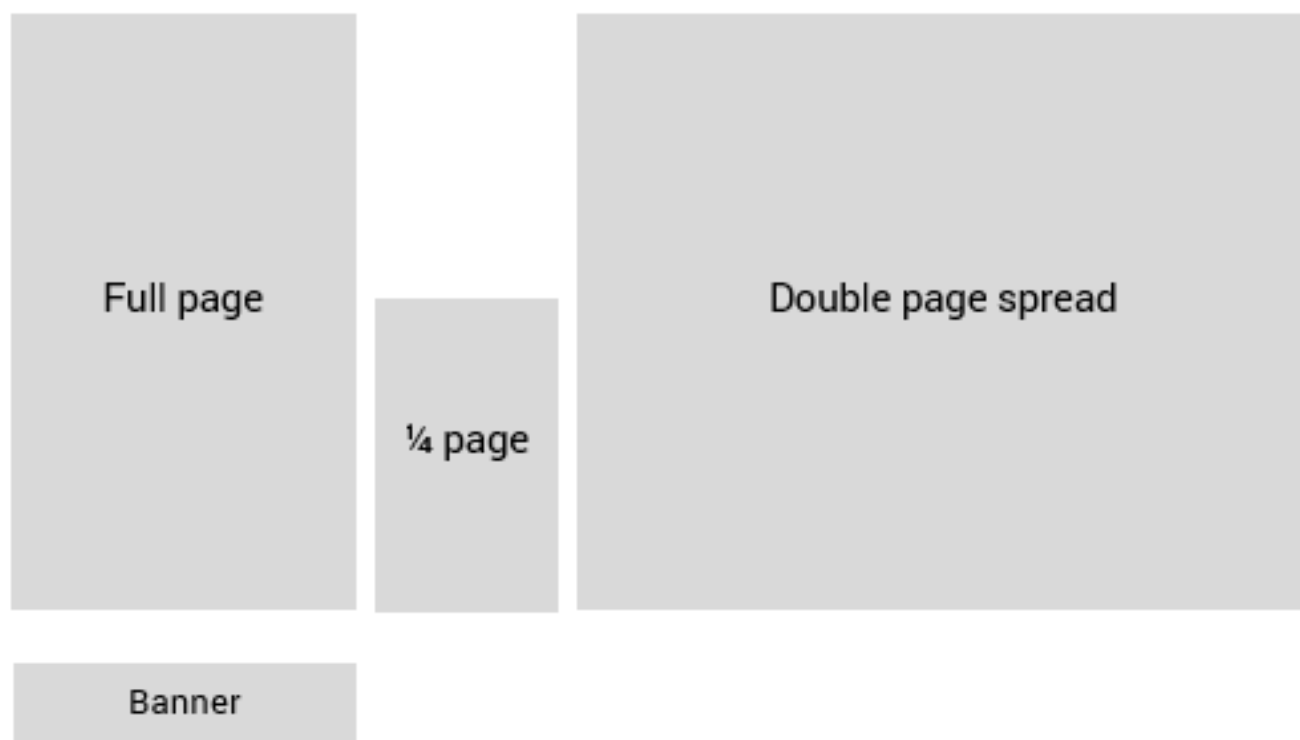
The Disability & Resilience Issue

We will feature **Paralympian Dame Sarah Storey** - the British cyclist and former swimmer. Sarah has two sons and had a doula at both births. Her total of fourteen gold medals make her the most successful female British Paralympian of all time. We celebrate **World Doula Week** with a spotlight on the Croatian maternity system, and the doulas there who have created a support programme to help improve women's birth experiences. The Royal College of Midwives will share tips on resilience for birthworkers who have experienced personal loss, and a Doula UK doula shares her experience of supporting a disabled client through birth. We will talk about supporting **breastfeeding blind mothers** and also speak with one of **Kenya's leading playwrights Mumbi Kaigwa**. The director, producer, actor and campaigner discusses her involvement in the project B!RTH debate. This issue will also mark **Doula UK's 18th Birthday!**

THIS ISSUE WILL BE PUBLISHED IN MARCH:
DISTRIBUTION FROM END FEBRUARY

ADVERTISING RATECARD

Full back page	£375
Double page spread	£450
Body of magazine 1/2 page	£175
Body of magazine quarter page	£90
Banner	£60
Outserts (samples)	£480



The Doula is a full colour, glossy A4 magazine.
Please contact info@doula.org.uk to discuss these options,
or any other ideas not listed

Artwork deadline: 15th January 2019